

MATERIALS LIST

- eTee digital pattern
- ReConstructed eTee Kit (optional purchase)
 - Or use similar fabrics:
 - 2 yards Waffle Weave Knit
 - 1 yard Woven Linen Stripe
- 1 spool Polyester Thread
- 1 package HeatnBond SoftStretch Ultra
- 3 Spools Coordinating Isacord or other overlock thread
- Silk Thread in contrasting color
- Hand Sewing Needle
- Frixion Pen or other disappearing marking pen
- Cutting Shears
- Pattern Paper or Tissue Paper
- Rotary Cutter and Cutting Mat
- Trimming Scissors or Snips
- Glasshead Pins
- Seam Ripper
- Seam Gauge
- C-Thru Grid Ruler
- Prismacolor Col-Erase 20045 Carmine Red Pencil with Eraser
- Scotch Removable Tape
- Pattern Paper
- Fusi-Web
- Knit Stay Tape
- Walking Foot
- Walking Foot with Edgestitch Attachment (optional)
- Manilla file Folder or Tagboard
- Sleeve Board
- Tailor's Ham

You will need a sewing machine that has been cleaned and oiled and is in good condition. If your machine also embroiders and has a 9mm throat plate, you may want to invest in a 5mm-wide throat plate. If you have the even feed feature on your machine, engage it. If not, add a walking foot, if possible. We recommend a serger for seam finishes.

Purchase the Pattern

Purchase the digital eTee pattern. You can now select for us to print the pattern for you from our in-house printing service.

Course Page Documents to Download:

- Reconstructed eTee Layouts XS-XXL
- Reconstructed eTee Layouts 1X-5X

Fabric Preparation

Pre-wash a small sample of the linen and knit fabrics. Waffle weave knits shrink about 15%.

Pattern Pieces Needed

- Front
- Back
- Neck Binding
- Sleeve

Pattern Tracing

Trace your size so you don't cut off a section you need.

Fitting

The eTee is a fairly fitted t-shirt that is available in sizes XS-XXL and 1X-5X. We recommend going up at least one size to make this an oversized t-shirt. Alex also lengthened her shirt 2".

Measure your full bust. The eTee measurement chart is included here. Measure the pattern on that size and compare the two measurements. Allow at least 4" - 6" of ease in the bust. Start with a size that has this amount of ease and adjust as needed. Consider using the [Fashion Fitting Encyclopedia](#) for reference.

References to Consider:

[Fitting the Bust Download Tutorial](#)

[Fitting Shoulders Download Tutorial](#)

[eTee Evolution Download Tutorial](#)

[Sewing Knits from Fit to Finish Book](#)

Finished Measurements (inches)

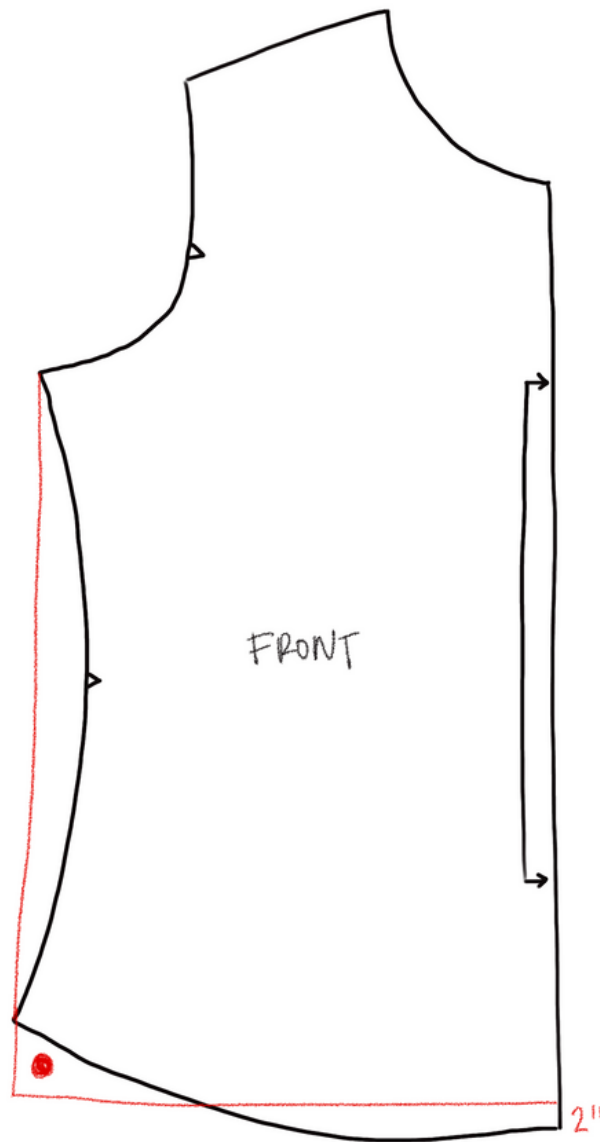
Size	XS	S	M	L	XL	XXL
Bust	37¼	39¼	41¼	43¼	46¼	49¼
Waist	33½	35½	37½	39½	42½	45½
Hip	41¼	43¼	45¼	47¼	50¼	53¼
Back Length	25 ⅜	25 ⅝	25 ¾	25 ⅞	26 ¼	26 ⅝

Finished Measurements (inches)

Size	1X	2X	3X	4X	5X
Bust	46	50	53¼	57¼	61 ¼
Waist	44	48	52	56	60
Hip	53	57	61	65	69
Back Length	27 ½	27¾	28	28 ¼	28 ½

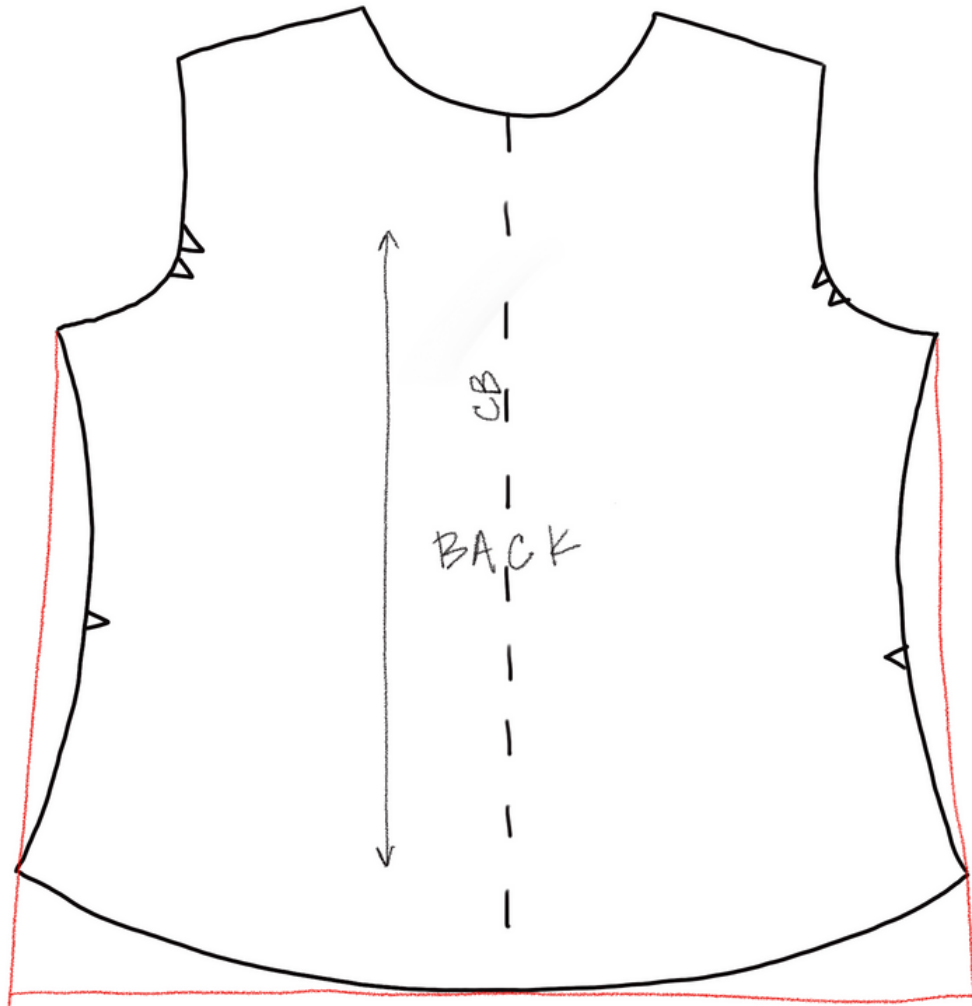
Front

1. Determine the length you desire on the front of the garment and lengthen or shorten as needed.
2. Mark a point 2" up from the bottom of the center front. From that point, draw a perpendicular line across the bottom towards the side seam.
3. Draw a straight line from the underarm point to the new bottom line going through the original hem point.
4. Add a dot at the $\frac{5}{8}$ " seam allowance line.

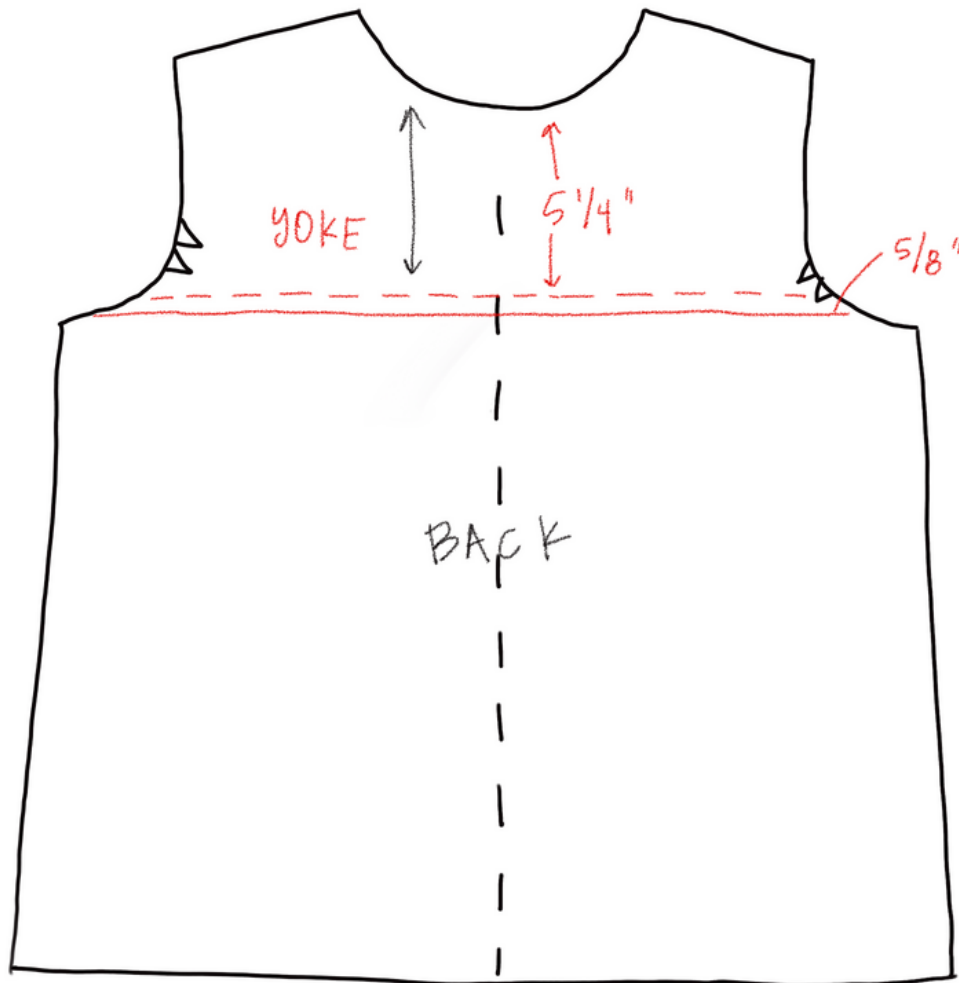


Back

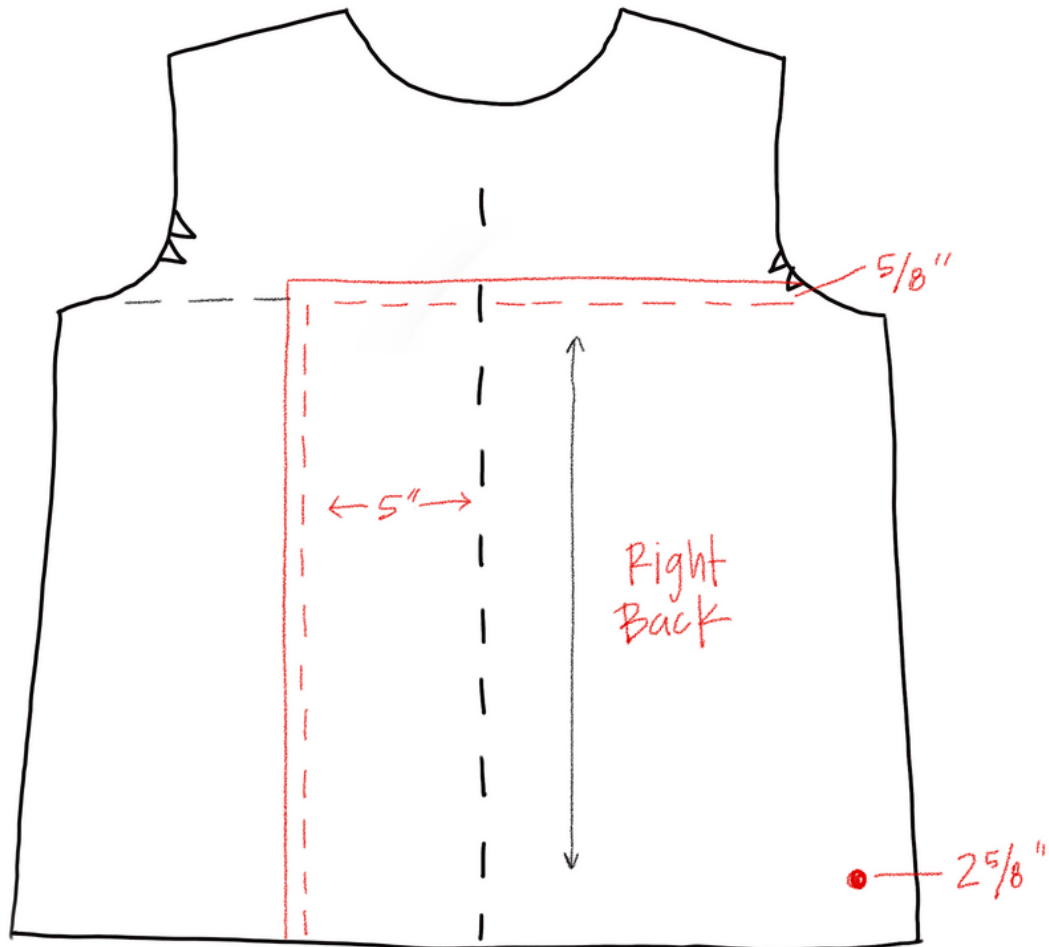
1. Trace the original Back pattern piece and make a full right and left side. Use this piece to make new seamlines for a Yoke, Right Back, Left Back and Back Panel. *Each new pattern piece will be traced from this full Back pattern piece.*
2. Use the full length of the center back foldline and from the bottom point draw a horizontal line perpendicular to the center back across the bottom.
3. Draw a straight line from the underarm point to the new bottom intersecting the original hem point for the right and left side seams.



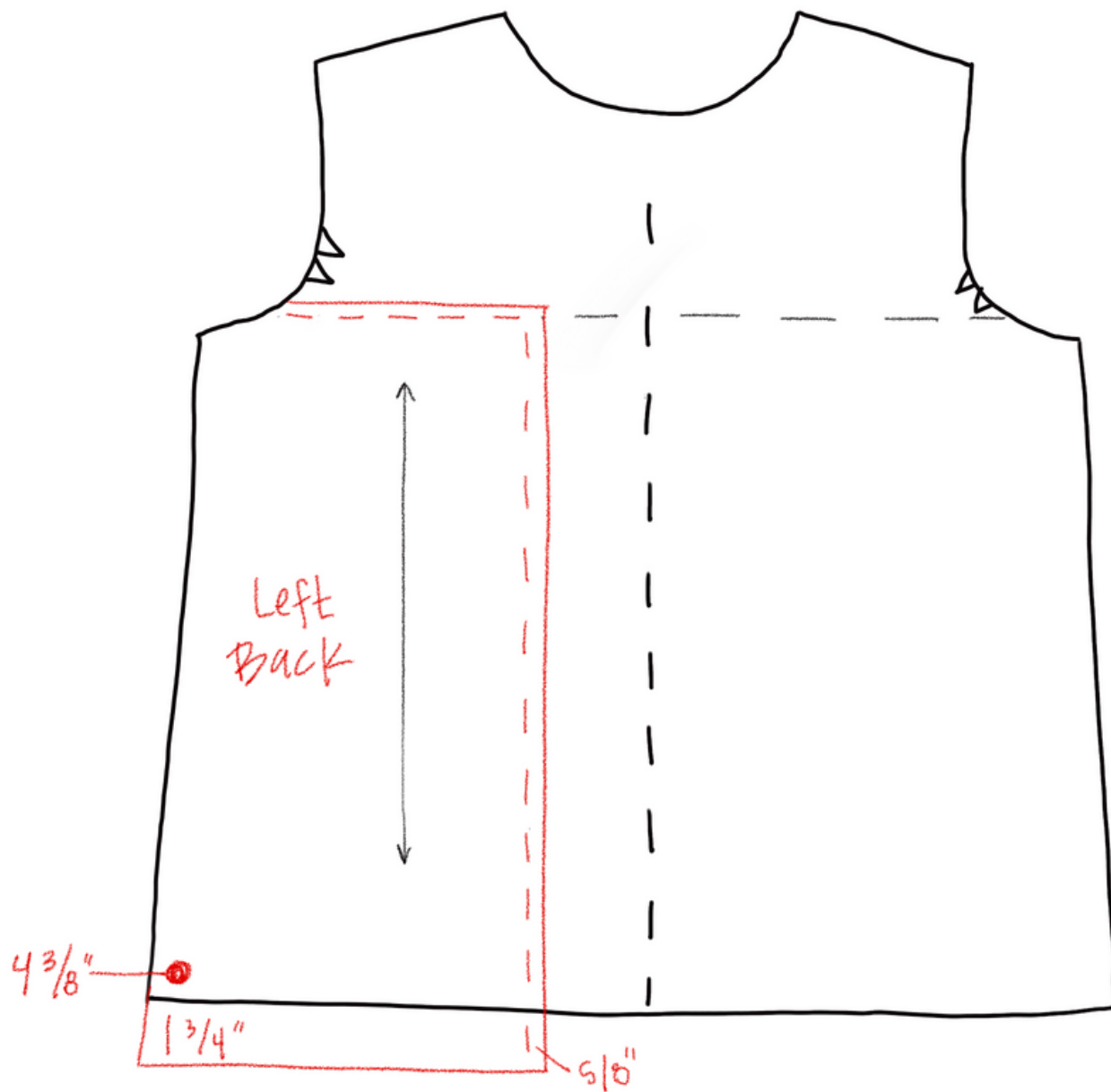
4. To create a YOKE, measure down 5 ¼" from the center back at the neck and draw a perpendicular line across the back to the armscye. This is the seamline. Trace this shape and add a ⅝" seam allowance below the seamline. Designate the straight of grain.



5. To make a RIGHT BACK, measure over 5" from the center back foldline towards the left side seam and draw a straight line parallel to the center back foldline. This is the seamline of the RIGHT BACK. Then add a $\frac{5}{8}$ " seam allowance. Trace this section below the Yoke and add a $\frac{5}{8}$ " seam allowance above the Yoke seamline. Mark a point $2\frac{5}{8}$ " from the bottom on the right side seam line. Designate the straight of grain.

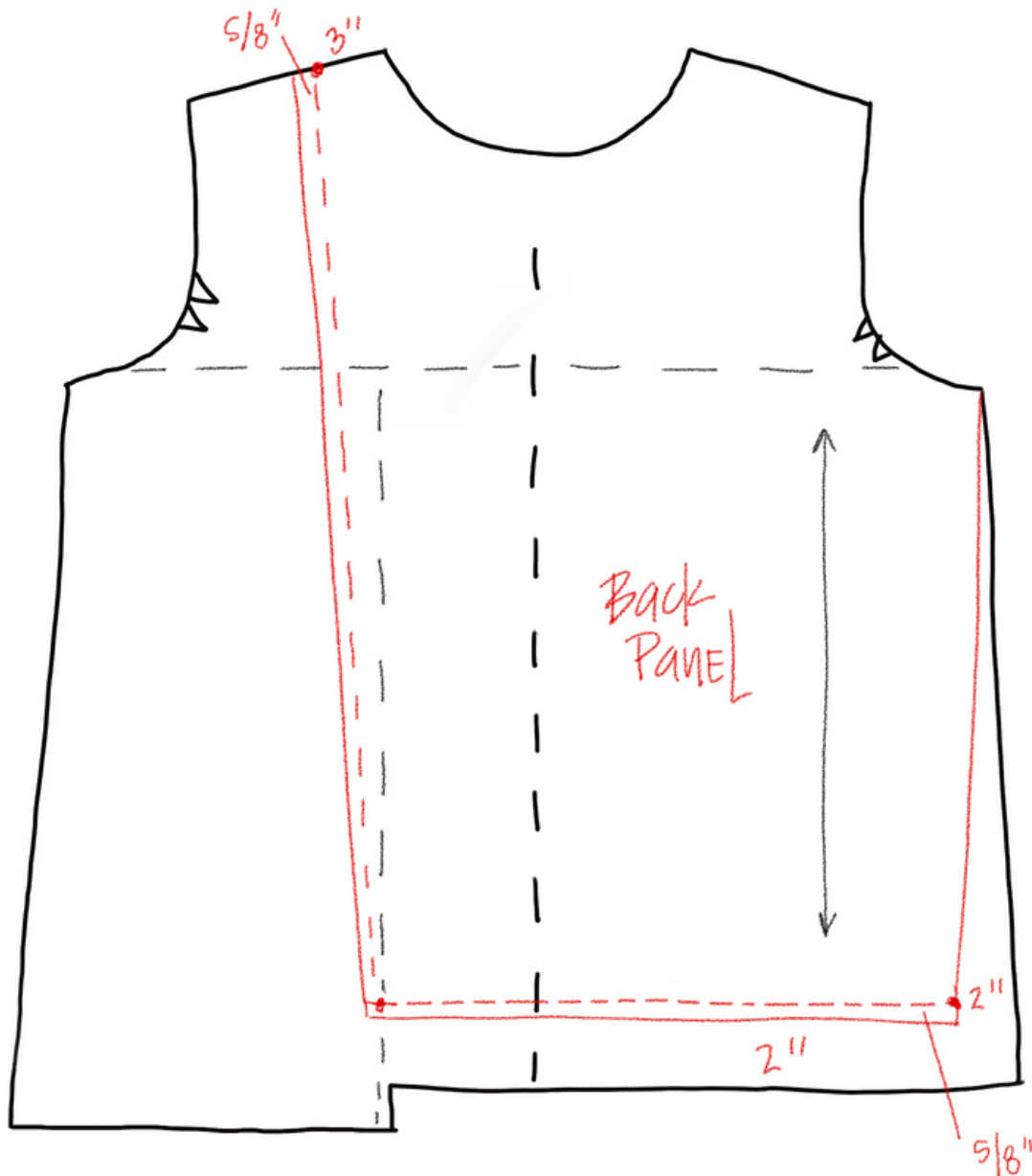


6. To make a LEFT BACK, lengthen the remaining portion of the Back 1 $\frac{3}{4}$ " and add a $\frac{5}{8}$ " seam allowance to the seamline and above the Yoke seam line. Trace this section. Mark a point 4 $\frac{3}{8}$ " from the bottom on the left side seam. Designate the straight of grain.



Back Panel

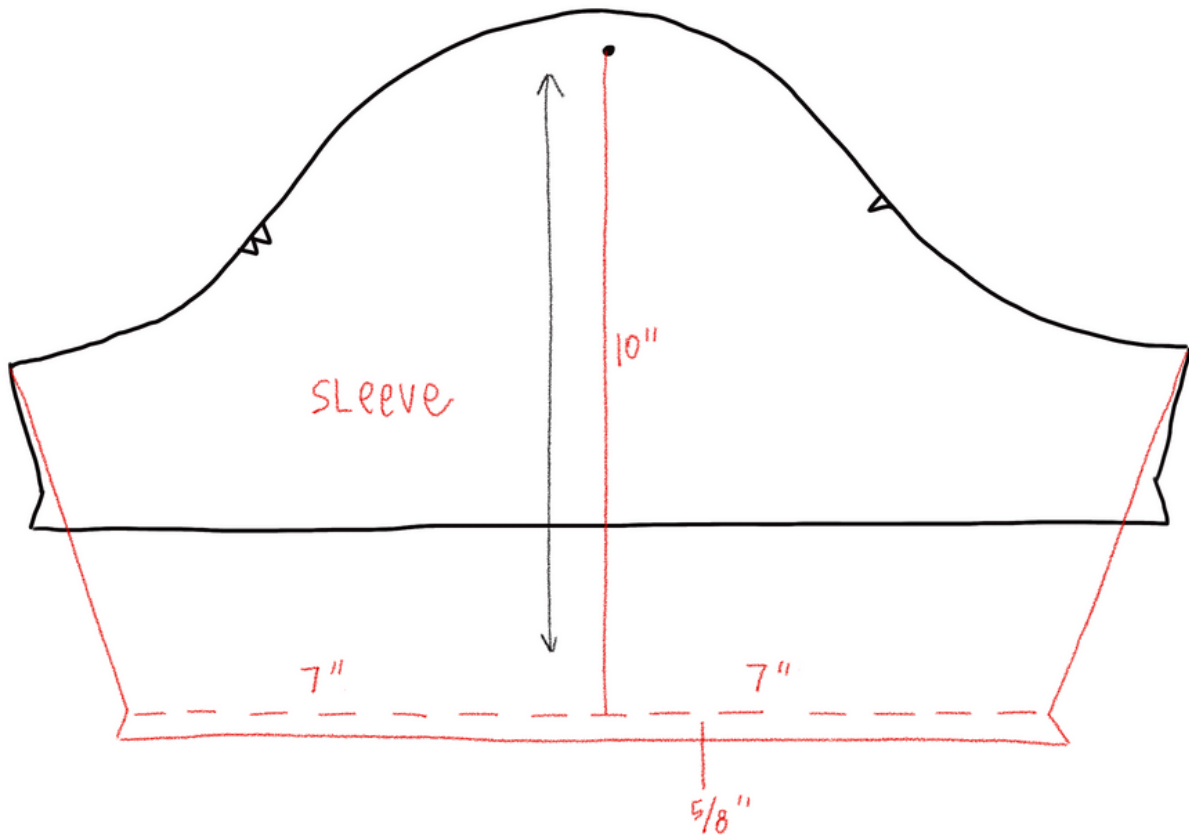
1. The Back Panel will cover the right side of the Back and is attached only at the neck, shoulder and right armscye. On the full traced Back pattern piece, draw a horizontal line 2" above the hemline for the Right Back. Measure over 3" from the neck point on the left shoulder and mark a point. Draw a diagonal line from this point to the point where the new horizontal line meets the inner seamline. This is the hem foldline for the Back Panel. Add a $\frac{5}{8}$ " seam allowance. Designate the straight of grain.
2. Measure over 2" from the right side seam along the bottom. Draw a diagonal line from that point to the underarm point. This includes a hem allowance.



3. Trace this new section for a Back Panel pattern piece.

Sleeve

1. Draw a vertical line, parallel to the straight of grain, from the dot at the top of the Sleeve down 10". Draw a perpendicular horizontal line at the bottom of this line. This is the hem foldline. Measure over 7" on each side of the center line. Draw diagonal lines from these points to the underarm points. Add a $\frac{5}{8}$ " hem allowance at the bottom. Fold the pattern along the hem foldline and trace the side seam angles through the hem allowance.



Neck Binding

Use the Neck Binding pattern piece as is.

Pressing Templates

Cut 1 pressing template out of tagboard or a manilla file folder.

- 1 - 2" X 11 ½" Draw a line ⅝" along one long edge.

1. Make a pattern for every piece you will cut out:

- Front
- Back Yoke
- Back Panel
- Left Back
- Right Back
- Sleeve
- Neck Binding

2. Cut out single layer with the right side of the fabric facing up.

Linen Stripe

- Cut 1 Right Back
- Cut 1 Left Back

Waffle Knit

- Cut 1 Neck Binding
- Cut 1 Back Yoke
- Cut 1 Front
- Cut 1 Back Panel
- Cut 2 Sleeves

Notes for Cutting Out

Review the cutting layouts located in your course page.

Determine the right side of the waffle knit by stretching the fabric on the cross grain. The fabric will curl slightly to the right side.

Cut all pieces with the pattern pieces right side up and on the right side of the fabric.

MARKING

Clip into the seam allowances to note the notches and use tailor's tacks to identify dots. Mark your fabric as you are cutting out and before you move the pieces from the cutting table.

Construction Basics

- Stitch $\frac{5}{8}$ " seam
- 3-thread serge finish the raw edges together and press in one direction
- Clip into the seam allowances to note the notches and use tailor's tacks to identify dots

Order of Construction

1. Serge finish and press $\frac{5}{8}$ " hems to wrong side on Right Back and Left Back. Do not stitch at this time.
2. Sew Right Back to Left Back keeping Right Back hem pressed under. Serge finish seam and continue finishing extended edge of Left Back to bottom (one layer of fabric for 2"). Press seam towards Left Back and continue pressing Left Back seam allowance to bottom. Topstitch Back hem including vertical seam allowance of Left Back.
3. With right sides together, sew Yoke to Lower Back. Sew with knit on bottom. Serge finish and press towards Yoke.
4. Apply SoftStretch Ultra Fusible Web to bottom edge of Back Panel. Do not serge finish edge of waffle knit. Press $\frac{5}{8}$ " bottom hem of Back Panel to wrong side first. Open hem, remove paper covering and press hem in place again and topstitch. Repeat to hem both side edges of Back Panel.
5. Fuse Knit Stay Tape to neckline of Back. Pin Back Panel to Back at partial left shoulder, neckline and all of right shoulder. Staystitch on $\frac{5}{8}$ " seamline. Back panel is stitched to right armscye later.
6. Repeat hem preparation (see step 4) for Front hem. Turn bottom hem of Front $\frac{5}{8}$ " and topstitch.
7. Fuse Knit Stay Tape to neck edge of Front.
8. Sew Front to Back at shoulders and serge finish seams. Press towards Back.
9. Press stretch Neck Binding. Re-cut to original length. Install Neck Binding.
10. Sew side seams. Do not catch Back Panel. Serge finish seams and continue finishing extended side seams of Back. Press these extensions to wrong side and topstitch, pivoting to meet Front hem at side seams.
11. Machine baste Back Panel to right armscye aligning finished edge of Back Panel to side seam.
12. Repeat hem preparation (see step 4) and press Sleeve hems. Do not remove paper covering of SoftStretch at this time.
13. Sew Sleeve seams. Serge finish and press towards Sleeve back.
14. Remove paper covering of SoftStretch along Sleeve hems. Fuse $\frac{5}{8}$ " hems in place and topstitch.
15. Sew Sleeves to garment. Serge finish seams and steam towards Sleeves.

Video Access

The online workshop will release on your course page on May 5th.

Q&A Access

There will be a single Zoom Q&A session this month on May 25th, at 4:00pm CT. Check your course page for the meeting link. If you can't join us, the Zoom recording will be uploaded to your course page.

*Thank you for joining us for a year of Pattern RePlay.
Happy sewing,*

Linda & The Sewing Workshop Team

QUESTIONS?

alex@sewingworkshop.com 

(785) 357.6231 

301 S. Kansas Ave. Suite A
Topeka, KS 66604 

sewingworkshop.com 



#swreconstructedetee
#sewingworkshop
#SC23